

Help-in-Crisis

The future



FISCAL YEAR

JULY 1, 2010 – JUNE 30, 2011



31 Years

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Help-In-Crisis has been serving victims/survivors of domestic violence, child abuse and sexual assault since 1979. Our mission is to eliminate family violence, stalking, child abuse, and sexual assault through advocacy, education, counseling, support, and prevention services.

Our service area is Cherokee County, Adair County, Sequoyah County and Wagoner County in District 27.



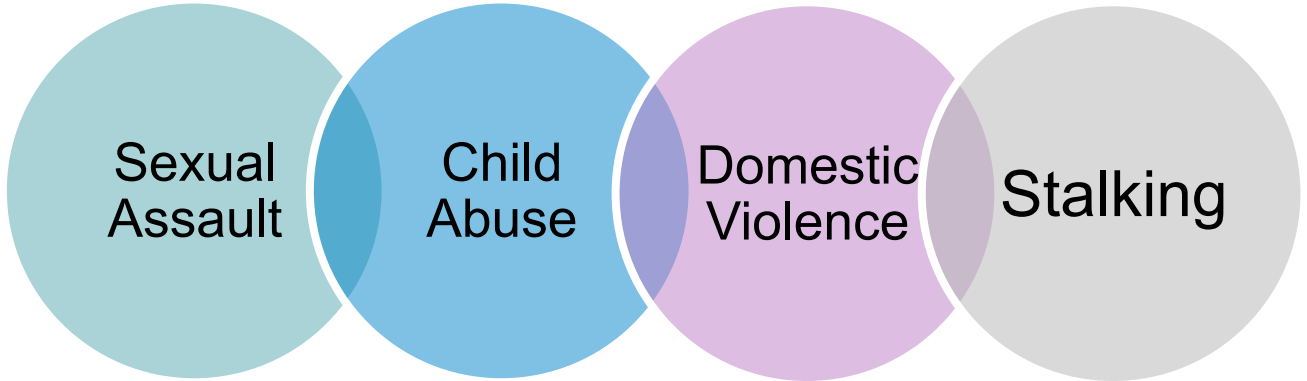
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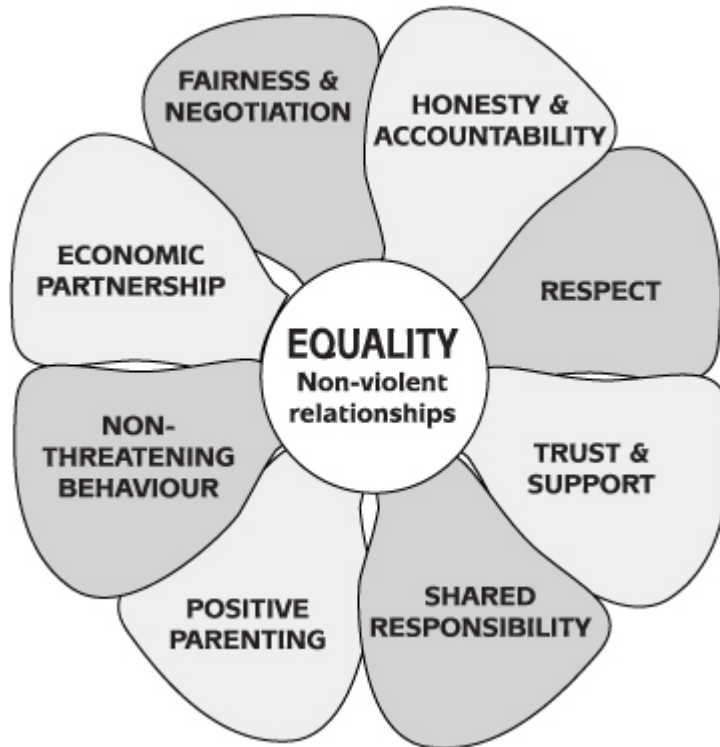




Who we are and what we stand for:

Our vision is a world that values compassion, respect, responsibility, justice, and non-violence

Equality in Relationships



SUMMARY OF SERVICES: THE FOLLOWING SERVICES WERE PROVIDED TO VICTIM/SURVIVORS THROUGHOUT THE YEAR OF JULY 1, 2010 TO JUNE 30 2011.

Shelter

There were 448 women and children who resided in shelter for a total of **6,741** shelter days. Women in shelter received Case Management, Counseling, support, transportation, assistance with clothing, court advocacy, medication, parenting and rent / utility assistance.

Transitional Living

When needed transitional living can be provided extended stay through the Transitional Living Program. Two single family homes were utilized for 60-90 days transition following shelter stay. Clients continued to receive Case Management services and agency support during this time.

24-Hour Crisis Hotline

4830 Crisis calls were documented by staff and volunteers. Crisis Intervention was provided as well as referrals for both in house and outside assistance. Callers concerns included family violence, sexual assault, depression, suicide, medical problems, work related problems, clothing, Christmas presents, assistance with fuel, utilities, food, and so on.

One Time Contacts

838 One Time Contacts were made at the Tahlequah Office and satellite offices for assistance with utility payments, housing, transportation, medication, referrals for child care, employment and mental health counseling as well as domestic violence transportation, back up advocacy, and rape and SANE exams.

Court Advocacy

Over 672 clients were provided court support in the four counties. The agency's Court Advocates assisted victims with securing protective orders and accompanied them to protective order hearings related to domestic violence, rape and stalking cases, assault and battery cases, child custody cases, and protective order violation hearings. The Court Advocates provided referral for pro-bono legal assistance where available and advocated for clients with Legal Aid, law enforcement, and the District Attorney's Office. Clients were also provided assistance in filing Victims Compensation Claims and provided personal advocacy concerning for clients who were in crisis.

Domestic Violence Counseling

There were 254 women who received Group and/or Individual Counseling and support for domestic violence issues in all four counties.



Child Abuse Prevention

The Hug Program completed 105 screenings to new families at Tahlequah City Hospital. HUG (Helping You Grow) Program staff provided on-going 624 home visits to families “at risk” for parenting difficulties, child abuse or neglect. A Parenting Support Group was held at the Tahlequah office on a weekly basis for **12** families with special activities provided weekly.

Child Abuse Services

Multidisciplinary Task Force meetings were held among all four counties for a total of 92 meetings. There were **398** Child Abuse cases staffed by a team consisting of Child Welfare personnel, medical personnel, Health Dept. personnel, mental health professionals, advocacy agencies, law enforcement, and the District Attorney’s Office. Help-In-Crisis provides coordination of the program and provided services through the SafeHaven Child Advocacy Center in Sallisaw, Wagoner and Tahlequah. The children were either sexually assaulted or victims of child abuse. Forensic interviews, advocacy, and follow-up support were provided.

Sexual Assault Services

In 2010 and 2011 Help-In-Crisis was funded for two specific sexual assault programs. One was carried over through the Recovery VAWA, one was funded for the first time through the SASP (which is Sexual Assault Services Program) and the other was funding through the VAWA S.T.O.P. grant. There were 55 sexual assault survivors received assistance of the S.A.N.E. (Sexual Assault Nurse Examiner) Program initiated in 1997 in the four counties. Twenty women received individual counseling services. There were 17 secondary victims who received education, support services, and referrals. All sexual assault victims received advocacy, peer counseling, court advocacy, follow-up and referrals. Eleven victim/survivors completed primary intakes. There were six (6) new SANE Nurses who were added to the roster during the year. In addition, the Sexual Assault Services Program staff is working on a new Hispanic Resource Guide which should be completed by the end of the year.

Sexual Assault Prevention

There were 379 presentations provided to 7,129 students concerning relationships and sexual assault prevention. Prevention staff also provided presentations for the Children’s Methodist Home, the Cherokee Nation Child Development Center, Tahlequah High School, Sequoyah High School, Greenwood, Cherokee and Sequoyah Elementary schools, Northeastern State University, and local service organization and clubs.

Volunteer Program

Active community volunteers provided 5,355 hours of crisis line coverage, back-up services, rape response, and help with fund raisers. Volunteers provided administrative support, assistance at the shelter, and provision of child care during weekly Parenting Support meetings. Registered



Nurses also volunteered their services for the S.A.N.E. Program and assisted with sexual assault services. An elderly woman made 25 quilts per month, a volunteer provided Office Management, numerous volunteers helped at Encore and the office. Various volunteers provided hotline and advocacy services, two child psychologists provided child development services twice a week at the shelter.

Community Education

Public speaking and information presentations were provided to community members regarding domestic violence, sexual assault, child abuse prevention, and Help-In-Crisis services. Staff conducted presentations in schools, for NSU classes, for civic and church organizations, at local health fairs, for the Cherokee Nation, United Keetoowah Band and for Northeastern State University students and events. Additionally, community wide events were held in each of the four counties to promote education, volunteerism and awareness during Domestic Violence, Sexual Assault, and Child Abuse Awareness months.

Supervised Visitation

27 families were provided Supervised Visitation sessions to non-custodial parents ordered to receive visitation with their children under third party supervision. The program utilized trained staff to provide one to two hour weekly supervised visitation sessions. The sessions are held at the office in Tahlequah and at the Stilwell office.

Batterer's Treatment

28 Batterer's initiated treatment into the 52 week program. Intervention services are facilitated by a licensed Counselor, and are held weekly at the Help-In-Crisis office in Tahlequah. There were 8 Batterer's who completed the training

Court Watch

A Court Watch Program was initiated in 2006. Court watch volunteers and Help-In-Crisis staff attended court sessions in Cherokee County to provide victim support while observing and monitoring court cases related to domestic violence and sexual assault. More volunteers are needed for court watch cases.

Special Activities:

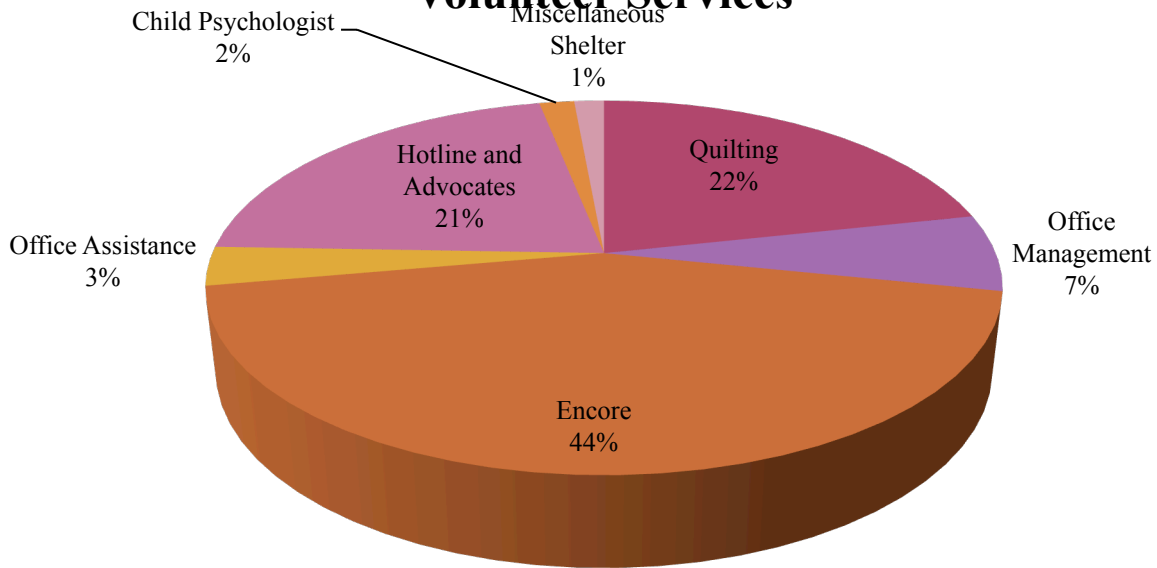
SOME OF THE MAJOR FUND RAISING ACTIVITIES CONDUCTED THIS YEAR INCLUDE:

- Walk a Mile in Her Shoes – which included over 240 participants plus observers.
- Poker Run for the Wagoner Office
- Cook out for the Sallisaw Office
- Toys for Tots – Bikers Against Child Abuse (BACA)
- Purses for Prevention
- Pie Supper and Silent Auction
- Masonic Lodge #10 Pancake Breakfast

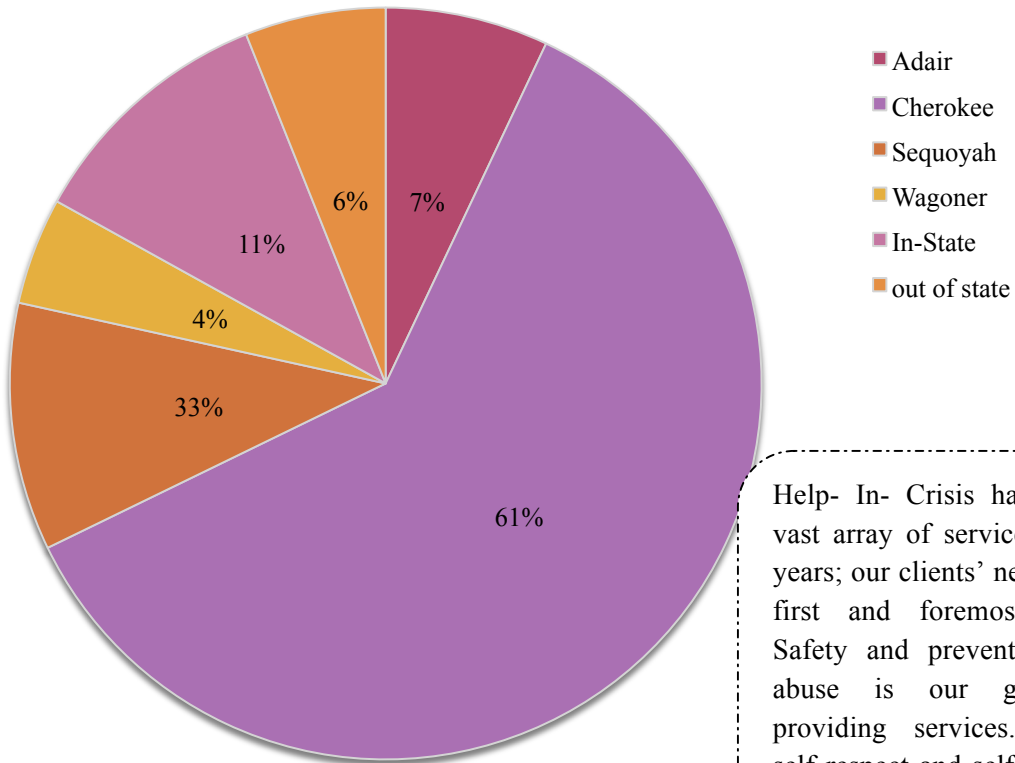


AT A GLANCE

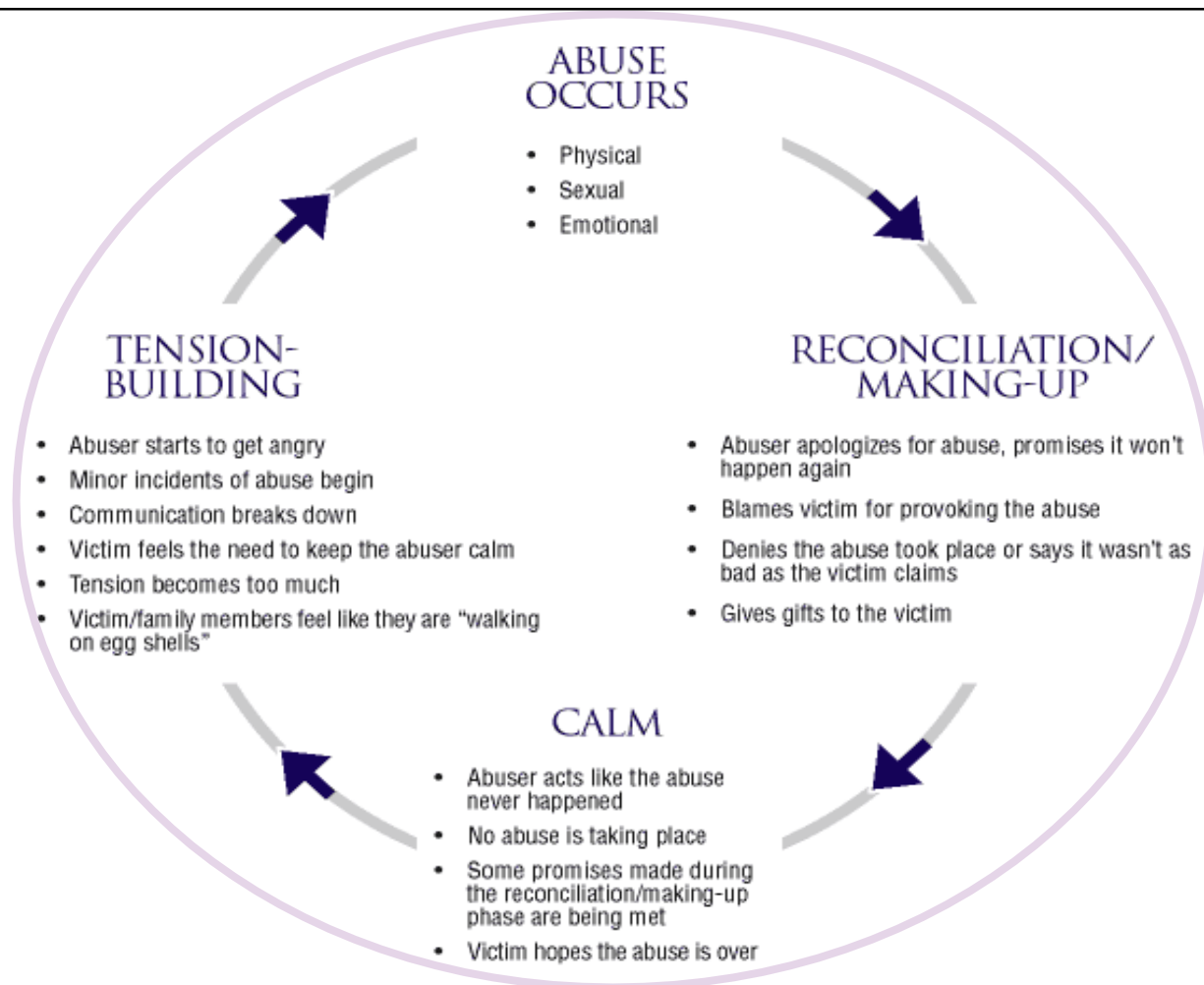
Volunteer Services



Clients by Residence



Help- In- Crisis has served a vast array of services over the years; our clients' needs are our first and foremost concern. Safety and preventing further abuse is our goal when providing services. Teaching self respect and self love is the first step in healing and gaining the knowledge that they deserve a better life

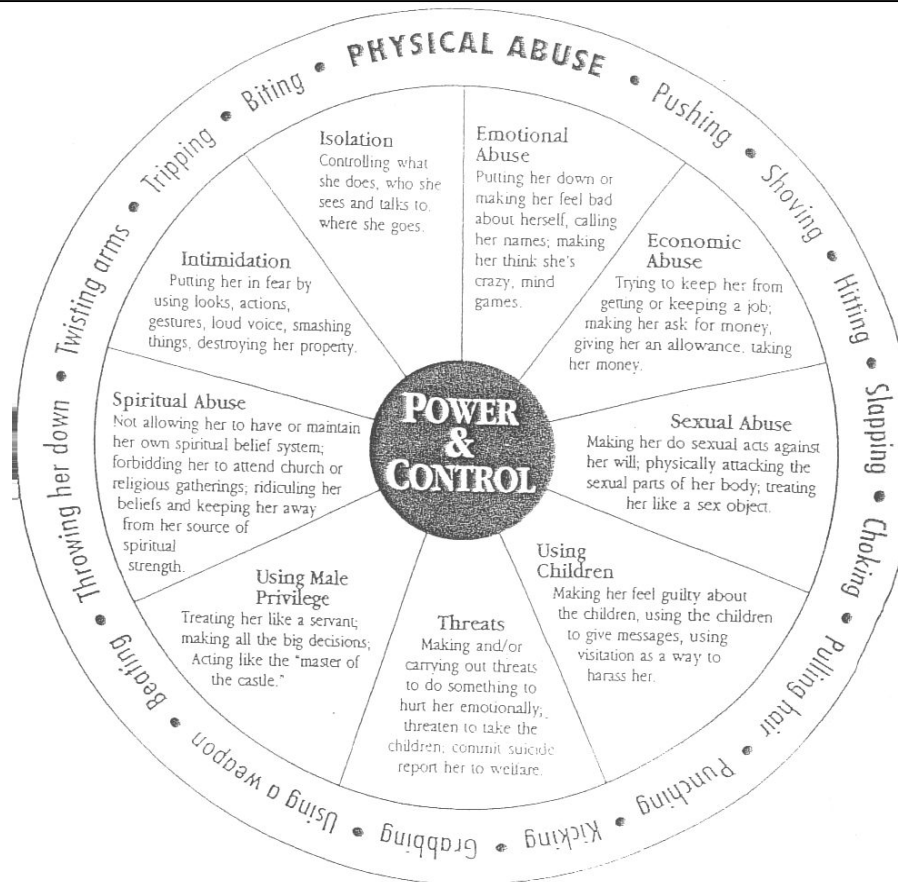


The Cycle of Violence

The cycle of violence occurs in more than one form. This format was developed by Lenore Walker in her book except that she used the euphemism "Honeymoon" period. The "Honeymoon" period has been replaced by the "calm" period. In some relationships there is only the abuse phase and the "Tension Building Phase" there is no "calm" period. The cycle continues until intervention and generally gets more and more violent with each incident. If there has been one incident of physical violence, the power and control tactics work much more effectively in keeping the victim under control.



Power and Control Chart Outlining Forms of Abuse



Power and Control

In most abusive relationships, power and control keeps the victim/survivor in a never ending cycle of abuse. There may or may not be physical abuse until the perpetrator loses control. That is when the physical abuse starts to occur. If only one incidence of violence has occurred, then the tactics of power and control become more powerful.

Personal Responsibility

The following chart depicts how it is possible to withdraw from an abusive relationship. Realizing that there are options, there is a choice, with help the survivor can make a safety plan, a plan to get out, she can carry out her plan and she can be successful in getting out of an abusive life.

And that is what we are all about!!!

